

Family Support information

Bereavement

<u>Service</u>	Contact details	What is offered?	How to
			<u>refer</u>
Cruse Bereavement Care	https://www.cruse-hertfordshire.org.uk/ Adult helpline: 01707 278389 Children and Young People's helpline: 01707 264293 office@cruse-hertfordshire.org.uk	Cruse exists to promote the well-being of bereaved people and to enable anyone suffering bereavement caused by death to understand their grief and cope with their loss. Cruse Bereavement Care Hertfordshire offers support when you need it most. The death of someone we love is likely to be the most distressing experience we will ever face. When someone dies, a relationship is lost, a process of change begins and we move towards a new and largely unknown situation. Grieving is hard work; and we may frequently feel exhausted, or have health problems of various kinds. But grief is not an illness. It is a natural human experience from which we can emerge to face a new and very different reality. Each person's grieving is unique. Our service is offered to everyone whatever their culture, race, religion or sexual orientation. We aim to provide an accessible, individualised service supporting bereaved people on the telephone, in their own homes or within the local community. Cruse support is provided whenever it is needed, in the immediate aftermath of a death or months or even years later. Cruse offer 1-2-1 support for adults as well as support for children and young people.	Self or professional referral
Isabel Hospice	https://www.isabelhospice.org .uk/ Office hours: 01707 382500 (ask for the duty Clinical Nurse Specialist)	Isabel Hospice is a registered charity which provides free palliative care and support for patients and their families living with cancer and other life-limiting illnesses such as MND, end stage renal conditions, end stage heart conditions, respiratory conditions or other neurological conditions, throughout eastern Hertfordshire.	

	Outside of office hours, weekends and Bank Holidays Call our Clinical Advice line on: 01707 382575	Care is based on the simple idea that patients are ordinary people living with physical, social, emotional and spiritual needs. The Hospice provides enormous support to families and friends, caring for the patients and all those around them. The Hospice provides a wide range of services including an In-Patient Hospice in Welwyn Garden City which can accommodate up to 8 patients, Living Well with Isabel services in Welwyn Garden City, Bishop's Stortford, Waltham Cross and Stanstead Abbotts, a Home Care Team providing support and nursing care in patients' homes, and a Family Support and Bereavement Service. A fully trained team of volunteers support our specialist medical and clinical teams, ensuring that patients and their families receive the best possible care. In addition, Isabel Hospice's team of 12 Isabel Nurse Specialists, work closely with all local GPs, and are available to give advice and support to patients and their families and to refer them to appropriate parts of the Hospice as necessary.	
Winston's Wish	https://www.winstonswish.org / Freephone national helpline: 08088 020 021	Winston's Wish supports bereaved children, their families, and the professionals who support them. Winston's Wish was the UK's first childhood bereavement charity – supporting bereaved children since 1992. As the first charity to establish child bereavement support services in the UK, we continue to lead the way in providing specialist child bereavement support services across the UK, including in-depth therapeutic help in individual, group and residential settings.	Telephone and online support

	•	